

# TRANSITION TO ADULT HEALTHCARE IN YOUNG ADULTS WITH PHIV

- Many young adults with PHIV are **transitioning from pediatric to adult healthcare**.
- **Many factors** in a young adult's life may **impact the success** of this transition.
- We wanted to **learn about these factors** and how they impact health after moving into adult care.

## WHO PARTICIPATED



We looked at **young adults** with PHIV in AMP Up.

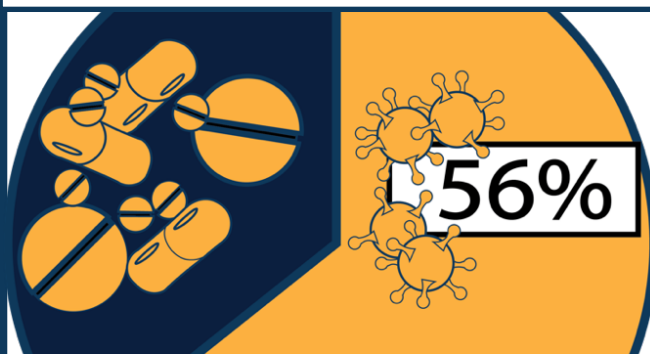
We looked at young adults who were getting care at **pediatric clinics** and those who were getting care at **adult clinics**. We looked at differences in:

- AGE
- SEX
- RACE AND ETHNICITY
- HOW THEY MANAGED HEALTH/HEALTH CARE

## WHAT WE DID

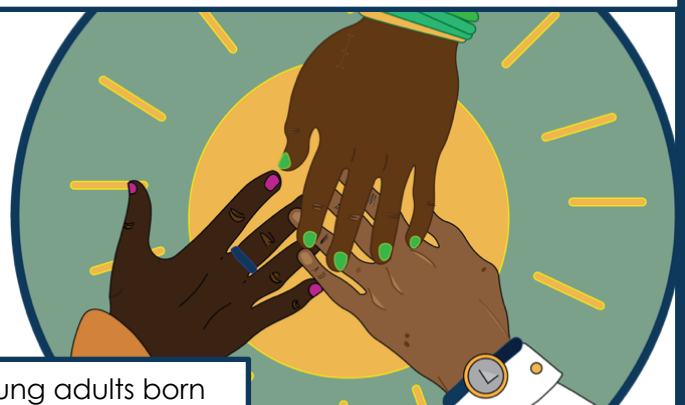


## WHAT WE FOUND



**Before moving to adult healthcare, 56% of participants did not have good control of their HIV.**

**The ones who moved to adult healthcare at an older age (26yrs or older) tended to be happier with their new providers.**



Most young adults born with HIV had **good relationships with their doctors and clinics**. However, many **young adults reported missing some of their HIV medications** or having **unsuppressed virus**.

**We need to support young adults with PHIV as they transition.** We can support them with resources and guidance to help them manage their health before and after moving to adult healthcare.