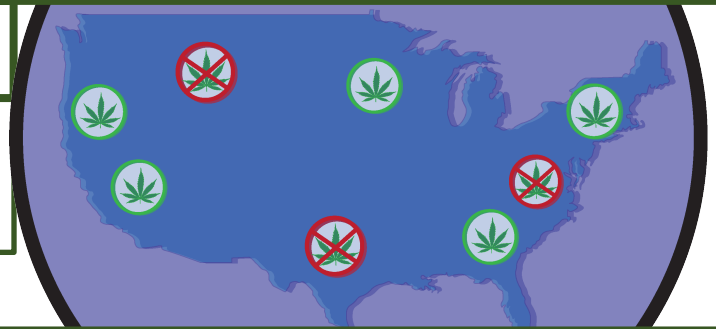


Substance Use Among Pregnant and Postpartum People Living with HIV

- More people in the US are using cannabis for medical or recreational reasons, and the opioid epidemic in the United States has grown
- Some pregnant or postpartum people may take cannabis thinking it is safe, or they may be prescribed an opioid for pain management. **However, both cannabis and opioids can carry risks for the baby.**
- We **wanted to understand more about opioid and cannabis use** in pregnancy and after birth, and we wondered if we **might see differences where cannabis is legal.**

WHO PARTICIPATED

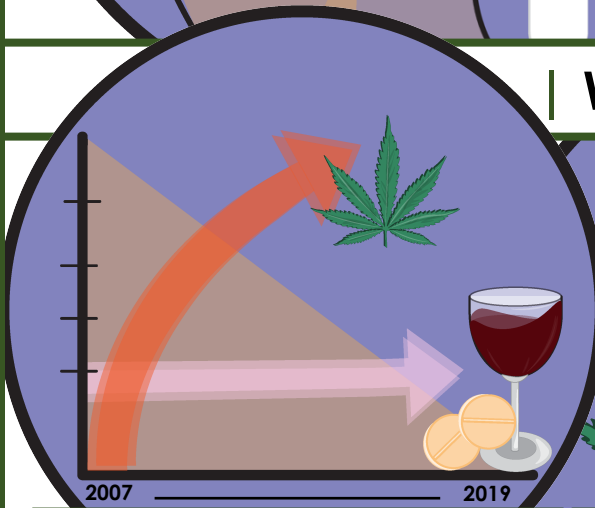
Participants in SMARTT between 2007 and 2019 who were **pregnant or had recently given birth**



WHAT WE DID

- We looked at **how often people with HIV said they used cannabis, alcohol, and opioids like narcotic pain medicines** during and after pregnancy.
- We **compared** cannabis and alcohol use in states where **cannabis was legal versus not legal.**

WHAT WE FOUND



Between 2007 and 2019:

- **Cannabis use during pregnancy went up** from 7.1% to 11.7%.
- **Cannabis use during the postpartum time went up** from 10.2% to 23.7%.
- **Alcohol and opioid use did not change** over this time.

- People in **states with legal medical cannabis were more likely to use** cannabis during pregnancy or after birth.
- Future research should look at why cannabis use is growing and **how to help people be as healthy as possible during and after pregnancy.**

Struggling with mental and/or substance use disorders?

**1-800-622-HELP
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